Intervention: Project Towards No Tobacco Use (TNT)

Finding: Sufficient evidence for effectiveness

| Potential partners to undertake the intervention: | |
|--|------------------------------------|
| Nonprofits or local coalitions | ☐Businesses or labor organizations |
| Schools or universities | ☐Media |
| Health care providers | Local public health departments |
| ☐State public health departments | □Policymakers |
| ☐ Hospitals, clinics or managed care organizations | Other: |

Background on the intervention:

Project Towards No Tobacco Use (TNT) is a comprehensive, classroom-based curriculum designed to prevent or reduce tobacco use in youth aged 10 to 15 years old in grades five through ten. Upon completion of this program, students should be able to describe the course of tobacco addiction, the consequences of using tobacco, and the prevalence of tobacco use among peers.

Findings from the systematic reviews:

Systematic reviews recommend Project Towards No Tobacco Use. The Substance Abuse and Mental Health Services Administration (SAMHSA) lists TNT as a model program and the Office of Educational Research and Improvement (OERI) cites it as an exemplary program. See the link below for more information.

Additional information:

Project Towards No Tobacco Use - www.etr.org

References:

SAMHSA - National Registry of Effective Programs - www.modelprograms.samhsa.gov

OERI - Exemplary and Promising: Safe, Disciplined, and Drug-Free Schools Programs - www.ed.gov/admins/lead/safety/exemplary01